

HEADACHES AND CHIROPRACTIC CARE

A CASE STUDY:

Fifty year old Louise Angelides from the USA has been receiving chiropractic care since August 2003. She has suffered with migraines on a monthly basis since the age of 19 and tried a range of treatments including acupuncture, physiotherapy and naturopathy.

Louise initially approached a chiropractor because of a neck injury, which occurred in early 2003 and increased the pain and frequency of her migraines.

“Nothing ever worked except strong medication. After a particularly debilitating migraine a friends insisted I see a chiropractor” Louise said.

“I went, but I was very skeptical that anything would change the situation. The chiropractor was convinced that he could fix the problem. Over the next four months I was very surprised to notice the length of time between the migraines increased and the intensity of the pain decreased. Things were better than even before the neck injury”

“In my opinion mainstream medicine is there with the drugs just as you are about to go over the waterfall, chiropractors are a few miles upstream” she said.