

What is NEURO EMOTIONAL TECHNIQUE (NET)?



The Neuro Emotional Technique® is a methodology used to normalize unresolved physical and/or behavioural patterns in the body. NET practitioners are trained to assist the body's healing process by identifying and balancing unresolved emotional influences—it's a mind-body approach.

Emotions are traditionally thought of as being normal functions of human beings and normally pose no neurophysiologic problems. Occasionally, emotional trauma in the presence of a neurological or meridian deficit can cause a physiopathological-related pattern in the body, which does not resolve of itself. NET seeks to normalize this pattern and re-establish balance in the body by physiological change—a result of a physical intervention.

For the chiropractor, NET is a method of finding and adjusting vertebral dysfunction. This affects physiology, which can affect emotions, as for example, in the case of PMS. Emotions are physiologically, not psychologically based, and it is felt they are influenced by the meridian system, which is in turn, influenced by the CNS and spine. Emotions in turn can cause recurrent vertebral problems as in the case of chronic tension headaches.

Sometimes your nervous system can become overloaded to the point that it may need additional support, and your practitioner may recommend a specific NET Remedies® homeopathic formula to help activate your body's natural healing process.

NET Remedies® formulas are non-habit forming and free of sugar, sodium and yeast, they are safe for the most sensitive patient. By using our specific dilution and potentiating process, only minute quantities of ingredients are needed to activate the body's defenses to help naturally heal, repair, strengthen, and prevent illness.